

A 5-day retreat with
Robert Maoz Kržišnik
“Embody the spirit
of connection”

February 1-6, 2022
in France

Organized by
NVC
BEYOND
BORDERS



EMBODY THE SPIRIT OF CONNECTION

with Robert Maoz Kržišnik

Robert Maoz Kržišnik sees the essence of Nonviolent Communication in manifesting the spirit of true connection: with the flow of life through us, and with the heart of the other. And while he believes we all got attracted to NVC precisely because of longing for heart-to-heart connection, the practice of NVC only too often becomes some mechanical activity that not only fails to bridge the abyss between us and others, but even deepens it.

So NVC may not be just about how to solve the many puzzles of our relationships, but actually a choice about how do we want to be showing up in this experience of human life, how do we want to move and how to meet others. A choice to acknowledge the interconnectedness of it all, a choice to open up to the evolutionary flow of Life, a choice to extend beyond the known self, a choice to embrace it all.

In this retreat we will be exploring key aspects of the spirit of connection; the self-connection with our deepest authenticity, the fully honest and compassionate connection with others, or even letting go and let ourselves fall into the flow of Life...



TOGETHER WE WILL EXPLORE:

- How our empathic receiving can move from a mechanical activity into the magical following of the unfoldment of Life in another human being?
- How can we establish a truly authentic and compassionate dialogue with another that will have an evolutionary effect on both?
- How to stay connected with life in us, even in challenging situations?
- How to transform the ongoing fight with life into a mysterious dance?
- What has been influencing choices we made and keep making in our lives?
- How can we deal with unpleasant experiences in our lives, and embrace them?
- What keeps us from shining in our full authenticity and deepest integrity?
- How to find incredible strength of full authenticity within the space of sheer nakedness and vulnerability?
- How can we connect with the flow of Life in us, and perhaps even surrender to it?

[CLICK HERE](#)
TO REGISTER ONLINE

THE TRAINER



From early teenager years, **ROBERT MAOZ KRŽIŠNIK** has been inquiring into the questions of meaning of life, the nature of existence and the ways of meeting each other in our innocence, at the heart level. The journey led him through studying Psychology, working as a psychotherapist for 12 years, and working as a facilitator for over 32 years, covering areas from spiritual retreats to business trainings.

Within the context of NVC, he is most passionate about conflict mediation as well as its spiritual and embodied dimensions. Besides NVC, most important explorations on his journey have so far been Soto Zen, Enlightenment Intensives, Art of Hosting, Bohmian Dialogue, Contact Improvisation...

He is a certified trainer with CNVC, has been regularly serving as a trainer on 9-day International Intensive Trainings and 9-day European Intensive Courses, and has shared NVC in 27 countries in Europe, US, The Middle East, Asia, Australia...

Robert is Slovenian (born in Yugoslavia). He lives in Portugal with Noa, his life partner, and their child.

www.thatfield.eu

When?

From February 1st (8 pm) to 6th (5 pm) 2022

Where?

In France, between Lyon and Geneva,
at the Espace Rivoire

For whom?

Anyone interested, with at least
2 days of NVC training sessions

Group up to 24 participants

Retreat in English translated into French

Fees for the facilitation and organization

We want the events we organize to be as inclusive as possible. To this end, we offer three different fees for the retreat: contributor rate, standard rate and reduced rate, so that you can contribute according to your financial means.

CONTRIBUTOR rate	> €650
STANDARD rate	€650
REDUCED rate	Between €350 and €600

The **CONTRIBUTOR RATE** is an invitation for everyone wishing to give more than the standard rate, as long as it is financially possible and enjoyable. By choosing this rate, you will support the financial balance of the retreat and the purpose of NVC Beyond Borders. Instead of setting a specific rate for professionals (which may not reflect the financial reality for all), we also suggest the contributor rate for facilitators, therapists, coaches... and anyone whose professional lives may be enriched by the retreat.

In case the **STANDARD RATE** is higher than what you can give, we welcome you to ask for the **REDUCED RATE**. A single rate might not match everyone's financial means and hence lead some to exclude themselves by not daring to ask for a rate suiting their financial situation. **We are deeply yearning to live in a world that fully values and includes difference and diversity.** We do believe that everyone of us can contribute to making life meaningful and fulfilling. We are also convinced that being with people from different socio-economic backgrounds in the same group contributes to the richness of our relational experience. That is why we are committed to making NVC accessible to anyone regardless of their financial resources by offering a reduced rate in a sliding scale. It is essential, however, that this rate is not seen as a convenient rate. Based on trust, it is meant to support those who would not be able to access the retreat otherwise. If you choose this rate upon registration, we kindly ask you to share with us the reasons for your choice in order to honor this mutual trust.

Each event requires a budget of several thousands of euros (to honor the work of the facilitator(s), interpreter(s), organizer(s); to cover the costs of travel, accommodation and food for the team; to pay for the venue...). We do not (yet) know how to organize such events without using money.

We hope that everyone will consciously and wholeheartedly get involved in this process of financial co-responsibility. Workshops exist *for* all of us and also *thanks to* all of us. 😊

MUTUAL FINANCIAL SUPPORT SYSTEM AMONG PARTICIPANTS

During the retreat, we will offer a **financial support system**, the details of which will be **co-created by the group**:

- If **receiving money** can help you pay for transport, accommodation and meals, or fund any other specific project... there will be a space for you to ask.
- If it is joyful for you to **contribute** to other people's well-being, you will be invited to make a donation.
- The **money collected** will be **distributed among the people who have applied for support**.

Participation in the retreat requires to join NVC Beyond Borders by paying an **annual membership fee of €20**. This fee is to be added to the training fees. The membership is valid for one calendar year and allows you to register for one or more events in the year.

[CLICK HERE](#)
TO REGISTER ONLINE

The venue

ESPACE RIVOIRE

Located between Lyon and Geneva, in the heart of the Rhône-Alpes region, Espace Rivoire offers a **natural environment conducive to learning and rejuvenation**, while being easily accessible by public transport. The Nurioux and Brion-Montréal train stations are located less than 20 minutes from the site, from where shuttles are organized.



ACCOMODATION

Espace Rivoire offers a variety of accommodation options: single to quadruple rooms, with a private or shared bathroom; tepee, yurt or tent with collective sanitary facilities. This diversity allows everyone to choose according to their budget and the degree of friendliness or intimacy they want.



MEALS

Different options adapted to everyone's appetite and/or budget are available: full board, half-board, only lunch or dinner.

The cuisine is vegetarian, gluten-free and lactose-free, prepared with organically grown food. People with food allergies can, on request, benefit from adapted meals, paying a supplement of between €3 and €5 per meal (depending on the specificity of the diet).

It is not possible to prepare meals independently. A refrigerator and a microwave are available for people who do not wish to take full board though, paying a contribution of €2 per day.

Accommodation and meals rates

Rates per day and per person in euros		1 night + breakfast + lunch + dinner	1 night + lunch + dinner	1 night + breakfast + lunch	1 night + lunch
Private bathroom	Single room	90	85	81	76
	Double room	70	65	61	56
	Triple room	62	57	53	48
Shared bathroom	Single room	88	83	79	74
	Double room	68	63	59	54
	3 to 4 people shared room	60	55	51	46
Collective sanitary facilities	1 person wooden tepee (heated)	86	81	77	72
	2 people wooden tepee (heated)	66	61	57	52
	3 to 4 people wooden tepee (heated)	58	53	49	44
	1 person comfortable yurt (heated)	84	79	75	70
	2 people comfortable yurt (heated)	64	59	55	50
	3 to 5 people comfortable yurt (heated)	56	51	47	42
	Camper van with electricity	52	47	39	34
	Personal tent or Camper van without electricity	50	45	37	30

For those who wish to **reduce the cost of the accommodation and meals**, Espace Rivoire team offers, up to 3 people, the possibility of contributing one hour a day to collective tasks (cooking, cleaning, small works...) in exchange for a reduction of €10 per hour worked.

NVC Beyond Borders

NVC Beyond Borders' purpose is to facilitate the emergence of a way of living together that transcends all forms of barriers, in order to take care of life in all its manifestations, using Nonviolent Communication.

In order to implement this vision, we are committed to:

- Offer regular opportunities for the French NVC network and the international NVC network to meet – in order to nurture inspiration and broaden our vision – through the organization of workshops with international facilitators.
- Challenge the barriers between different publics (facilitators, “beginner” or “experienced” practitioners) by offering workshops open to anyone interested in NVC.
- Make the workshops accessible to people with low incomes.
- Contribute to the development in society of a gift-based economy, in order to support a way of living together, moved by the joy of contributing to the wellbeing of everyone.
- Cultivate the consciousness of interdependence and beyond, of inter-being.

**For any questions, contact us at:
nvcbeyondborders@posteo.org**